

eto Backcountry Adventure List

Pack & Sleeping Gear

- Backpack – we size you for a perfect fit!
- Day pack
- Tent with fly and ground sheet
- Sleeping bag in compression sack
- Sleeping pad or hammock

Clothing

- Boots
- Hiking Sandals
- Hiking Socks – *try locally made FITS socks!*
- Appropriate Base Layer(s)
- Quick-Dry Shorts
- Warm Sleeved Top
- Long Pants
- Underwear
- Jacket / Fleece
- Rain Gear in stuff sacks
- Gloves
- Hat / Bandanna

Equipment

- Stove & Appropriate Fuel
- Cookware Set
- Headlamp
- Water Filter
- Hiking Poles
- Lightweight, quick-dry towel
- Multi-purpose knife

Essentials

- Water Bottles
- Lip Balm / Lotion / Toothbrush
- Matches / Lighter
- Compass & Map
- First Aid / Gear Repair Kits
- H₂O-proof Whistle
- Trash Bags – a great pack cover or ground sheet!
- Camera
- Sunglasses/Sunscreen
- Toilet Paper / Hand Sanitizer
- Insect Repellent
- Trail Food – dehydrated or MRE self-heating
- 50 yards of nylon cord



**Have questions?
We're here to help!
Thanks for your support.**

ETO – Earth Traverse Outfitters

Supplying adventurers for over 25 years.



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